

CEDAR RAPIDS COMMUNITY SCHOOL DISTRICT GUIDELINES FOR PREVENTION OF EXPOSURE TO BLOODBORNE DISEASE



In the school setting bloodborne diseases like Hepatitis B and HIV, which causes AIDS, could be transmitted if the blood of an infected person were to enter the bloodstream of another person. Cedar Rapids Schools' employees and students can protect themselves from exposure to communicable disease by following Universal Precautions and using safe work practices.

USE UNIVERSAL PRECAUTIONS

Consider all blood and other body fluids containing blood to be potentially infectious. Protect your skin and mucous membranes from contact with these fluids.

USE PROTECTIVE BARRIERS - Help the injured person to care for himself.

Always put a barrier between you and the blood or body fluids of others. Wear latex or vinyl gloves. Use a thick layer of cloth, paper towels, or injured person's own hand to apply pressure to a wound. Wear protective eyewear, masks or gowns to guard against splashes.

WASH HANDS

Use soap and water after contact with blood or other body fluids and after removing gloves or other barriers. Use antimicrobial hand cleaner or towelettes in absence of soap and water.



FOLLOW PROPER CLEANING PROCEDURES

Spills of blood and other body fluids should be cleaned up immediately, using an EPA approved disinfectant and while wearing gloves.

DISPOSE OF WASTE

Place contaminated supplies including gloves and other barriers in plastic bags and seal before disposing in trash. Use red plastic bags or biohazard labels to identify any blood-soaked items that are saturated and could leak.

DISPOSE OF SOILED LAUNDRY

Handle blood-contaminated laundry as little as possible wearing gloves. Transport laundry sealed in leak-proof bags.



SEEK TREATMENT FOR ACCIDENTAL EXPOSURE

Any time the blood of others comes in contact with your skin, eyes, nose, or mouth or you suffer a human bite:

Immediately: cleanse the exposed area for 15 minutes

- *flush mucous membranes with water*
 - *wash skin thoroughly with soap and water*
- notify the building administrator or immediate supervisor and school nurse**